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Imagination Exploration - Start with a Streamer

At Arts Alive!, we find that using simple props help stimulate our students' imagination. One of our favorites to use is colorful **SURVEYOR'S TAPE**, which we refer to as "streamers" and can be found at most home supply stores. Below are some examples that we'd like to share with you! And remember, movement and streamer exploration is much more fun and meaningful when paired with thematic music! Let the fun and learning begin!!!

Move your streamer as if it is:

- a lasso
- reigns for a horse
- fiery dragon breath
- a gymnast's ribbon
- spaghetti
- a rainbow
- a firework
- a banner or flag
- spider web silk
- a fishing line
- waves in the ocean
- fire
- a snake
- an insect

Wear your streamer as a:

- a lion's or kitty's tail
- floppy rabbit ears
- an elephant's trunk

Explore the weather with:

- the pitter patter of rain
- or a torrential storm
- zigzag lightning
- slow falling snowflakes
- or a fast & furious blizzard
- spiraling tornados
- wild wind
- sunbeams

Practice skills such as:

- size (big, medium, small)
- placement (in front, behind, on the side, under)
- direction (up, down, diagonal, etc.)
- pathway (straight, curved, zigzag, etc.)
- level (high, medium, low)
- place (in place and through the space)
- tempo (slow, medium, fast)
- moving one streamer one way, the other another way, at the same time (this builds neural pathways)

Create art by placing streamers on floor to:

- make shapes (circles, triangles, abstract, etc.)
- make lines (straight, spiral, curving, zigzag, etc.)
- create spider webs
- make stars
- build flags
- create your own masterpiece!

Explore seasons and holidays by placing streamers on the floor to:

- send Valentines with hearts, hugs and kisses
- grow a garden with flowers and insects
- make personal suns or one big group sun
- create a fireworks display
- grow pumpkins in the pumpkin patch
- create 6-pointed/sided snowflakes
- build snowmen
- fashion a menorah with Hanukkah candles
- make a Christmas tree with ornaments

Dance with friends and:

- copy each other's movements
- hold the ends of each other's streamers
- make a circle by holding your friend's streamer
- dance under the bridge made by 2 friends

Work with your friends to:

- build a campfire (collect streamers and pile in center)
- become a horse and driver or
- reindeer and Santa
- solve math problems by placing streamers on floor as an equation ($1+4=5$)

And finally, just hold some streamers and DANCE to your favorite music!!!

If you have any questions and/or
would love to join one of our classes in

Creative Movement

Music

or

Yoga

Contact us through
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