

# Highly Recommended Books for Sharing with Young Children

## Infant Board Books

*Ten, Nine, Eight; Diez, Nueve, Ocho* by Molly Bang  
*Hurry! Hurry!* by Eve Bunting  
*Itsy Bitsy Spider* by Diane Burke  
*Maisy's Bathtime; Baby's First Year* by Lucy Cousins  
*DADA and Everything is MAMA* by Jimmy Fallon.  
*Look At That!: Wild Animals* by Guido van Genechten (six months old)  
*Orange Pear Apple Bear* by Emily Gravett  
*The Babies on the Bus* by Karen Katz (10 months old)  
*Peek-a-WHO?* By Nina Laden (8-9 months old)  
*Baby Faces; I Love Colors* by Margaret Miller (7-8 months old)  
*Clap Hands; All Fall Down; Say Goodnight; Tickle, Tickle* by Helen Oxenbury (4-6 months)  
*I touch; I see; I hear; I can* by Helen Oxenbury (four in series; six months old)  
*Seasons; Shapes; Numbers; Colores* by Scholastic  
*The Bear Went Over the Mountain* by Rosemary Wells

## Yoga Books

*Itsy Bitsy Yoga* by Helen Garabedian  
*Little Yoga and Sleepy Little Yoga* by Rebecca Whitford

## Ideal Gift Books for Expectant Parents

*Ten Little Fingers and Ten Little Toes* by Mem Fox  
*Baby's Firsts* by Nancy Day  
*Be Prepared: A Practical Handbook for New Dads* by Greenberg and Hayden

## How to select a book for infants and young toddlers?

Brain research with very young children, infants to 24 months, has shown that this age group learns and responds best from materials that contain the following—

1. are repetitious
2. are simple in content
3. are rhythmic and rhyme
4. have recognizable, realistic characters
5. contain likeable characters
6. have clear, uncluttered backgrounds
7. use basic colors
8. are easily identifiable
9. are memorable and enjoyable
10. have characters surrounded by plenty of white space in order to focus
11. provides an opportunity for kinesthetic experiences

Using the list above, examine the books provided and determine IF any are desirable and appropriate for sharing with a very young child.

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